

## This Train is Bound For Glory

*This Train Is Bound For Glory, This Train  
This Train Is Bound For Glory, This Train  
This Train Is Bound For Glory,  
I'm Gonna Tell Everyone The Story  
This Train Is Bound For Glory, This Train*

*This song can be layered with other songs such as  
'Oh When The Saints Go Marching In' and 'Swing Low Sweet Chariot'*

All three of these songs come from a Christian Gospel tradition, however the subject matter is not specifically Christian making them enjoyable and flexible songs which can be used in a variety of settings. Layering them up is a great way to introduce exciting harmonies - but make sure each song has been well-taught first.

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### Starter Activity

- Stretching - starting a warm up with a physical exercise focuses the mind and centres the body.
- Use inventive ways to encourage good posture - the phrase 'stand up straight' can introduce a lot of tension!

### Useful Warmups

- Lemon Lime - Keep in time  
Keep it neat - Feel the beat  
Not too fast - Not too slow  
Keep it steady - Go go go
- Use the same rhythms to explore un-voiced sounds (ff, ssh etc) and then voiced sounds (vv, zz)
- Buzzy bee - an extension of buzzy sound warm ups
- Are There Bees On You? This phrase moves through a variety of vowel sounds (ah-eh-ee-oh-oo)

### Teaching Tips

- The first and last line of this song are the same in both words and melody
- Try teaching the most unfamiliar song first so that the following two follow more easily, since this takes advantage of the highest period of concentration and also creates a motivating progression.
- If you do introduce the other songs to layer with 'This Train Is Bound For Glory' then do check how many of your class know them so that you know how much revision is required!

## 👁️ Things To Look Out For

- The first and last line of this song are the same in both words and melody
- Lines 1, 2 and 4 have the same rhythm

## 👤 Extension Activities / Cross Curricular Links

- These songs have a theme of resurrection which is appropriate for the upcoming Easter period for Christians
- 'This Train Is Bound For Glory' is a traditional American Gospel song first recorded in the south of America in 1922. This could inform other historical studies of this time period.
- Layering these songs up is a great way to introduce exciting harmonies - but make sure each song has been well-taught first.
- If you're just using 'This Train Is Bound For Glory' then consider introducing it in canon, where one voice part starts a few beats before the next.

## 🎵 Glossary of Musical Terms

Canon	A method of singing the same song offset by a few beats in order to create harmony
Part Song	When several different verses, melodies or songs fit on top of one another to create harmony
Pulse	The basic heartbeat of the music, see also 'beat'
Rhythm	Patterns of long and short sounds. Many rhythms can fit into each beat. Also described as 'how the words go'.

